



Sermon Discussion Guide

August 16, 2026 | Healthy Homes | Ephesians 2:19-22 | Jerrod

Summary

Big Idea: A Healthy Home understands it's part of a much bigger story

Last week we considered the foundations of a healthy home. This week, we are challenged and greatly encouraged to raise our sights to consider the bigger context that motivates our health-building efforts in our homes. Namely, to view our family as part of God's larger, eternal family. In the text, Paul uses 3 metaphors to help us understand our new identity: fellow citizens, members of God's household, and a temple in which God dwells by his Spirit. These new realities ought to permeate our understanding of what health in the home looks like.

Discussion Questions

1. What were your family dynamics like growing up? Did your family have any unique elements, distinctives, or rhythms?
2. How does your understanding of "who you are" (or in whose family you belong) relate to and inform "how you live"?

Read Ephesians 2:19-22 (you could read the larger chunk of 11-22)

3. What is the main point of these verses? What does Paul want for us to know and understand about what God has done and how he has given us a new identity and status?
4. Being a part of God's eternal family is one of the greatest gospel blessings! Has the local church ever felt like a real family to you? If so, what made it that way? If not, what would you say is missing?
5. Paul uses 2 images: a city with citizens (v19) and a building with stones (v20-22). What is different about how you live as citizens of a city versus how stones function in a building? What might Paul need both images to convey what this new family is like?
6. Paul says the church is "being joined together" and "growing" into a holy temple (v21). It's an ongoing reality. What does it look like for you to actively participate in the joining and growing work that God is doing? What role do you play?
7. Who in your life is still on the outside - "far off," a "stranger" to the gospel and "separated from the life of God and the family of God?" What role does God desire for you to play in laboring with Him to see them brought near?
8. Where have you, or where can you currently, get bogged down into the details of something, even the details of something good, and miss or forget the big picture of something greater?
 - a. What does it mean for you and your family to raise your sights and think more about the scope - the width and breadth - of God's saving purposes through the gospel to build up and expand his eternal family?