Sermon Discussion Guide

November 22, 2026
Philippians 4:10-23

Summary

Big Idea: Christ is Enough to Make Us Content, Generous, and Confident
As Paul wraps up his letter, we are reminded of where he was when he wrote it. Paul writes in prison chain, not from a position of comfort, and yet, he says he has all that he needs because he has Christ. Contentment is not a personality trait, nor does it come from experiencing a desired set of circumstances; it is a learned posture of the heart that is dependent on Christ's strength in both plenty and in need. From that same disposition of the heart, springs forth other beautiful gospel fruit – generosity & confidence. This passage should work in our hearts to transform our thinking from "I need more" to "Christ is enough," from grasping to giving, and from anxiety to thankful praise.

Discussion Questions

1. What are you thankful for? Is being thankful a choice, an involuntary reflex, other?

Read Philippians 4:10-13

2. Paul says that he has learned to be content in any situation. Could you say the same?
    a. In what way shave you already learned contentment?
    b. In what ways do you still need to learn contentment?
    c. How does God grow our contentment?
    d. For you, is it easier or harder to be content with abundance? With need?
3. How could verse 13 be misunderstood and misapplied? What could be the negative effect of that misunderstanding? What is the positive effect of a right understanding?
    a. How does this verse apply to your life?

Read Philippians 4:14-23

4. What is Paul thankful for?
5. What is the relationship between contentment and generosity?
6. How could verse 19 be misunderstood and misapplied? What effect would that yield?
    a. What would you say is the difference between "prosperity theology," poverty theology," and "Pauline/Christian theology"?
    b. What is verse 19 teaching in context? How does it relate to 4:4-6?
    c. How does this verse apply to your life?
7. In verses 14-20 Paul mingles together giving thanks to the Philippians and giving praise to God. Why? What is Paul teaching us? What is different about doing one without the other?
    a. What is the relationship between contentment and praise?
8. Where in your life right now do you need to know and trust that true contentment of the soul is found in Christ? What additional fruit do you hope this will produce in your life?